

# **Psychology Of Physical Activity: Determinants, Well-Being And Interventions**

**By Stuart J. H. Biddle; Professor Nanette Mutrie**



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Stuart J.H. Biddle is the author of Psychology of Physical Activity 2 ratings, 0 reviews, published 2001), Youth Physical Activity and

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1. J Occup Health. 2003 Jan;45(1):15-22. Psychological determinants of physical activity in Japanese female employees. Nishida Y, Suzuki H, Wang DH, Kira S.

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